VARICOSE VEIN SERVICES
GP Referral Quick Reference Guide

SKIN INSTITUTE

WHEN TO CONSIDER RECOMMENDING SKIN INSTITUTE

SYMPTOMS

- Aching, throbbing, tired, painful or heavy legs
- Itching of the skin over lower legs or ankle areas
- Night cramps
- Swelling in lower legs

SIGNS

- Venous eczema
- Lower limb oedema
- Haemosiderin staining
- Poor healing or cellulitis history
- Lipodermatosclerosis
- Skin thickening of the lower leg and ankle
- Corona phlebectatica

COMPLICATIONS

- Active venous ulcers
- Superficial thrombophlebitis/DVT
- Bleeding varicose veins
- Poor healing or cellulitis history

SKIN INSTITUTE ASSESSMENT PATHWAY

Duplex Ultrasound Mapping & Consultation > Personalised Treatment Plan > Comprehensive Treatment Package

TREATMENT OPTIONS



Endovenous Ablation (EVA)



Ultrasound Guided Sclerotherapy (UGS)



Microsclerotherapy (Spider & Thread Veins)



Compression therapy and conservative management

Treatment plans are individualised based on clinical findings, Duplex Ultrasound Mapping results and patient preferences.

NO FORMAL WRITTEN REFERRAL IS REQUIRED

We do not require a formal referral. However, if you would like to provide any information, please see the guidance below.

HELPFUL INFORMATION TO INCLUDE IN A REFERRAL

- Presenting symptoms and their duration
- Relevant examination findings, including oedema, skin changes, ulceration or thrombophlebitis
- Previous venous treatment
- A history of DVT or superficial thrombophlebitis
- Significant comorbidities and medications
- **There is no need to order scans prior to the referral.**

PRIORITY REFERRAL CONSIDERATION

- Bleeding from varicose veins
- Active venous ulceration
- Rapidly progressing venous skin changes

LEARN MORE

For more information about our vein services and treatment options, please visit our website.