

### WHEN TO CONSIDER RECOMMENDING SKIN INSTITUTE



#### SYMPTOMS

- Aching, throbbing, tired, painful or heavy legs
- Itching of the skin over lower legs, ankle areas
- Night cramps
- Swelling in lower legs



#### SIGNS

- Venous eczema
- Lower limb oedema
- Haemosiderin staining
- Lipodermatosclerosis
- Skin thickening of the lower leg and ankle
- Corona phlebectatica

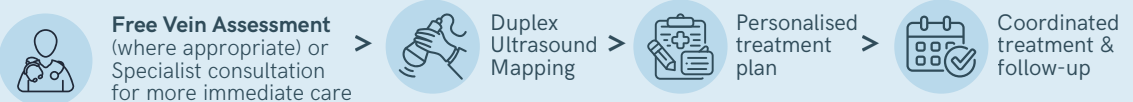


#### COMPLICATIONS

- Active venous ulcers
- Superficial thrombophlebitis
- Bleeding varicose veins
- Recurring varicose veins following treatment



#### SKIN INSTITUTE ASSESSMENT PATHWAY



#### FREE VEIN ASSESSMENT

Our experienced sonographers and doctors visually examine the patient's legs, discuss symptoms and do a brief ultrasound scan. They assess whether a full consultation with ultrasound mapping is required. The appointment does not include a consultation or formal ultrasound mapping, and there's no obligation to proceed with treatment.



#### TREATMENT OPTIONS



Endovenous Ablation (EVA)



Ultrasound Guided Sclerotherapy (UGS)



Microsclerotherapy (Spider & Thread Veins)



Compression therapy and conservative management

Treatment plans are individualised based on clinical findings, USS results and patient preferences.

#### NO FORMAL WRITTEN REFERRAL IS REQUIRED

We do not require a formal referral. However, if you would like to provide any information, please see the guidance below.

#### HELPFUL INFORMATION TO INCLUDE IN REFERRAL



Presenting symptoms and duration



Relevant examination findings including oedema, skin changes, ulceration or thrombophlebitis



Previous venous treatment



Personal or family history of venous disease, DVT or superficial thrombophlebitis



Significant comorbidities and medications



If available, previous duplex ultrasound or vascular investigations. If not available, **there is no need to order scans prior to the referral.**

#### PRIORITY REFERRAL CONSIDERATION



Bleeding from varicose veins



Active venous ulceration



Rapidly progressing venous skin changes

#### LEARN MORE

For more information about our vein services and treatment options, please visit our website.

