

WHEN TO CONSIDER REFERRAL



SYMPTOMS

- Aching, throbbing, tired, painful or heavy legs
- Night cramps
- Itching skin over lower legs, ankle areas
- Swelling in lower legs



SIGNS

- Venous eczema
- Lipodermatosclerosis
- Lower limb oedema
- Skin thickening lower leg and ankle
- Haemosiderin staining
- Corona phlebectatica



COMPLICATIONS

- Active venous ulcers
- Bleeding varicose veins
- Superficial thrombophlebitis
- Recurring varicose veins following treatment



SKIN INSTITUTE ASSESSMENT PATHWAY



Free Vein Assessment
(where appropriate) or
Specialist consultation
for more immediate care



Duplex
Ultrasound
Mapping



Personalised
treatment
plan



Coordinated
treatment &
follow-up



FREE VEIN ASSESSMENT

Our experienced sonographers and doctors visually examine the patient's legs, discuss symptoms and do a brief ultrasound scan. They assess if a full consultation with ultrasound mapping is required. The appointment does not include a consultation or formal ultrasound mapping, and there's no obligation to proceed with treatment.



TREATMENT OPTIONS



Endovenous
Ablation (EVA)



Ultrasound Guided
Sclerotherapy
(UGS)



Microsclerotherapy
(Spider & Thread
Veins)



Compression therapy
and conservative
management

Treatment plans are
individualised based on
clinical findings, USS
results and patient
preferences.

HELPFUL INFORMATION TO INCLUDE IN REFERRAL



Presenting symptoms and duration



Relevant examination findings including oedema, skin changes, ulceration or thrombophlebitis



Previous venous treatment



Personal or family history of venous disease, DVT or superficial thrombophlebitis



Significant comorbidities and medications



If available, previous duplex ultrasound or vascular investigations. If not available, **there is no need to order scans prior to the referral.**

PRIORITY REFERRAL CONSIDERATION



Bleeding from varicose veins



Active venous ulceration



Rapidly progressing venous skin changes

LEARN MORE

For more information about our vein services and treatment options, please visit our website

