



0800 SKIN DR (0800 754 637)

Profilo Treatment

What is Profilo

Profilo is made of a high concentration of a carbohydrate called hyaluron that is naturally present in the skin but declines with age. It promotes skin hydration and collagen formation. Profilo has a unique formulation which is free of additives. Its consistency is such that allows it to evenly spread through the skin tissues and underlying structures forming a hydrating layer as well as stimulating cell production including collagen and elastin.

What is it used for?

Profilo is used to treat skin laxity and to help remodel ageing, sagging and crepey skin. It hydrates the skin and is shown to have a stimulatory effect on the cells producing collagen and elastin to help tighten and lift the skin and improve skin quality to give it a more youthful look. The results of Profilo treatments can last up to 6-9 months, however, this may vary by patient and depends on skin type and age.

What is involved

The treatment involves placing the product under the skin using a fine needle at points which are chosen to ensure safety and maximise the lifting action of the product. Profilo spreads evenly throughout the surrounding tissues to hydrate and stimulate the collagen and elastin production. For a result, you are required to have 2 treatments 4-6 weeks apart. Up to 30 % of patients would benefit from a 3rd treatment at this time. Occasionally, some patients will have minimal or no visible response. After a 6 to 9-month period or when you begin to see the treatment's effects wearing away, that you can top up treatments if you wish to continue. The Profilo treatment can work independently as a treatment on its own or in combination with other cosmetic treatments.

Who should not have Profilo?

Those previously allergic to hyaluronan; anaphylaxis reaction to bee stings, pregnant or breast-feeding; with permanent fillers or facial implants; unwell with a cold, sinusitis or facial infection; prior keloid scarring; planned dental treatment in a month or flying overseas in under four days. It is best avoided if you have had a recent vaccination. Caution is needed in those with autoimmune disorders.

What about combining with other cosmetic treatments?

You can use Profilo with other cosmetic treatments, but we advise no Botulinum toxin for two weeks prior. No microdermabrasion, chemical peel, IPL: 1-2 weeks pre or post treatment. Avoid Fractional resurfacing 4 weeks pre and post Profilo treatment.

What are the possible side effects?

This treatment is relatively unproblematic and well tolerated. Mild swelling, a raised lump, bruising and tenderness at the injection site can occur. The lumps usually resolve over hours or a few days but the injection point on the cheek bone may disappear more slowly than the others (up to 1 week). **Bruising** is more common those taking aspirin, anti-inflammatories, garlic, and fish oil. Bruising is not harmful, but can be embarrassing, and can be covered with makeup while fading over 1-3 weeks.

What are the rare side effects?

Allergy is unlikely as Profilo is free from synthetic chemicals, but it is still a possibility and may result in swelling redness or hard lumps. This is treated by dissolving the Profilo with an enzyme. As the skin barrier is breached during placement, there is a rare risk of infection which may require antibiotics. It is extremely unlikely that vascular occlusion will occur due to the placement sites of the product. However, it remains a possibility that Profilo may inadvertently enter a vessel which can cause **skin damage and scarring** unless treated by dissolving enzyme which removes all filler. With other fillers there have been extremely rare reports of **blindness or stroke**, with treatment of the nose and between the eyes carrying a higher risk and this remains a possible risk with this treatment.

What should I do after the treatment?

Dos:

1. Cleanse your face as normal
2. Swelling can be reduced by cool packs and antihistamine medication.
3. After 24 hours you may use concealer to disguise bruising, and arnica or Hirudoid cream to help resolve bruising.

DON'Ts:

1. No intense exercise, alcohol or makeup for the remainder of the day following treatment.
2. No international flights for four days.
3. No Sauna, steam bath, icy temperatures or UV radiation by the sun or a solarium for two weeks after the treatment
4. No dental treatment for one month.

Your treatment cost is for two treatments, 4-6 weeks apart. As discussed by your Appearance Medicine Nurse during consultation, you will need to separate each Profilo appointment by 2 weeks from each COVID-19 vaccination. Please contact Skin Institute immediately if you develop blisters, pustules or painful, mottled, red or purple discoloration on the skin near the treated area. This could be a sign of circulation problems due to filler entering an artery. This extremely rare complication required prompt treatment to dissolve the filler. Please phone your practitioner if after hours. For a few patients there may be minimal or no response to the treatment.

If you have further questions, please feel free to contact the clinic on:

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Patient's Initials