



SKIN INSTITUTE

0800 SKIN DR (0800 754 637)



Microdermabrasion Treatment Information

What is microdermabrasion?

Microdermabrasion is a gentle resurfacing treatment that uses a diamond tipped treatment head to remove dry, rough skin cells from your skin's surface, promoting a more vibrant, glowing complexion. Treatment selectively loosens the dead cells and vacuums them away, leaving your skin smoother and more refined.

What can microdermabrasion do for me?

A course of treatment can clear clogged pores to reduce skin congestion. Removing the top layer of dead skin cells encourages skin circulation and cell renewal to improve your skin. Afterwards, your skin will absorb active, medical grade skin care more easily to maximize its effectiveness. It is the ideal treatment to have in combination with a peel.

Who is suitable for microdermabrasion?

You shouldn't have microdermabrasion if you currently have inflamed or irritated skin, are taking or recently used isotretinoin, have recently had surgery to the area, have a skin infection, or can't avoid UV exposure on the area for four weeks afterwards. Hormonal skin pigmentation like melasma may be aggravated by strong microdermabrasion treatments.

What happens during microdermabrasion?

The special treatment tool is gently swept over your skin, loosening and removing dead skin cells and unclogging pores, revealing fresh new cells underneath. To finish, we apply a nourishing hyaluronan mask to hydrate and soothe your skin. Your skin will feel softer and smoother afterwards.

Are there any side effects?

Your skin may be pink afterwards or have small red abrasions.

Aftercare

It is essential you protect your skin from sun exposure for four weeks following your treatment by wearing a hat and SPF 30+ sunscreen. Please contact Skin Institute if you have any concerns following your treatment.

If you have further questions please feel free to contact the clinic on:

0800 SKIN DR (0800 754 637)

or Emergency After Clinic Hours: _____

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Patient's Initials