



SKIN INSTITUTE

0800 SKIN DR (0800 754 637)



LED Therapy Treatment Information

What is LED Therapy?

LED (Light Emitting Diode) therapy is a gentle light therapy that improves skin cell function resulting in clearer, more radiant skin. It is often used in combination with other aesthetic skin treatments and is suitable for all skin types.

How does it work?

Based on NASA research, LED Light uses different colours of light to activate different cellular processes in your skin cells. This soothing, healing treatment does not break the skin surface.

LED can be used in an intensive course alone, or to assist healing after IPL, laser, dermal needling and peels. Treatment lasts from 5 – 20 minutes.

What do the different LED Light Colours do?

Blue light reaches the top surface of the skin and kills the bacteria that causes acne.

Red light reaches deeper and enhances collagen and elastin production for more radiant skin.

Infra-red light reaches the deepest, decreasing inflammation and increasing micro-circulation to repair and ease pain.

Who should not have LED therapy?

If you are pregnant or breast-feeding, have a seizure disorder, have known cancer in the area, cannot tolerate heat or are sensitive to light.

Please follow the aftercare instructions for any treatments combined with LED Therapy.

If you have further questions please feel free to contact the clinic on:

0800 SKIN DR (0800 754 637)

or Emergency After Clinic Hours: _____

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Patient's Initials