



0800 SKIN DR (0800 754 637)



Emsella Chair Treatment

What is the Emsella Chair?

Emsella is an exciting new technology that improves your bladder control and sexual function by strengthening your pelvic floor muscles. It is a non-invasive, walk-in walk-out treatment with no downtime and no clothes removal required. It is FDA and TGA approved.

What does it do?

The Emsella chair utilises HIFEM (High Intensity Focused Electro Magnetic Energy) to stimulate deep pelvic floor muscle contractions while you sit fully clothed on the chair.

A single treatment delivers thousands of Kegel-like pelvic floor contractions, restoring strength and nerve control. Re-educating the pelvic floor is important for incontinent patients, woman after childbirth and those with decreased intimate satisfaction.

Are there any possible side effects?

You will experience tingling and pelvic floor muscle contractions during the procedure.

What should I do after my treatment?

You may resume daily activities immediately after the treatment.

How many treatments do I need?

We recommend six treatments, scheduled twice a week for three weeks.
Some patients may require a maintenance treatment every 6-12 months.
Each treatment takes about 30 minutes and you remain fully clothed.

What do I need to do?

Wear comfortable, loose clothing.
All belts, jewellery, metal piercings need to be removed.

Please be aware that electromagnetic force can damage all electronics eg. cell phones, lap-tops, electronic watches, pacemakers and defibrillators.

95% of people with Incontinence reported significant improvement in their day to day life

85% noted improvement in overall intimate satisfaction

If you have further questions, please feel free to contact the clinic on:

0800 SKIN DR (0800 754 637)

or Emergency After Clinic Hours:

Patient's Initials

S:\Handouts & Consents/Emsella Chair/Emsella Chair Treatment 071119