



SKIN INSTITUTE

0800 SKIN DR (0800 754 637)



Dermal Needling Treatment

What is Dermal Needling?

Dermal Needling treatment uses a vibrating tool with tiny needles to penetrate the upper layers of the skin, causing thousands of punctures in the surface of the skin at a depth of up to 2.5mm. This releases natural growth factors and allows nourishing hyaluronon to be infused, stimulating new collagen production. Hyaluronon is a natural carbohydrate already present in the skin which promotes hydration and cell communication.

What does Dermal Needling do?

Dermal Needling stimulates the production of new collagen and elastin in the skin, refines pore size, reduces scarring, improves texture and radiance and may improve the appearance of fine lines and stretch marks. Brown pigment may sometimes be reduced.

A course of three treatments is recommended to achieve optimal results. As individual results vary, sometimes more or less may be needed. Results may take 12 weeks to appear fully. Not all imperfections will be removed.

Who should not have Dermal Needling Treatment?

You should not have treatment if you have active skin disorders in the area, are currently physically unwell, are planning UV exposure in the next two weeks or have had sun exposure in the last two weeks, are prone to keloid scarring, or are taking or finished an isotretinoin course in the last 3 months. Caution is required for patients with darker skin types or a history of melasma or post-inflammatory pigmentation. Treatment during pregnancy and breast feeding poses a greater risk of post-inflammatory pigmentation.

Are there any possible side effects?

Expect the area to be red and swollen, with a grazed appearance possible in some areas. This can last 1-4 days according to the sensitivity of your skin. You may notice tingling or stinging for 30-60 minutes afterwards. Skin may also flake off as new tissue regenerates from around 3-5 days. Post-inflammatory pigmentation (brown discolouration) is possible in darker skin types, especially if UV exposure is not avoided after treatment, or when pregnant or breastfeeding. Some people may experience some temporary side effects such as: discomfort, feeling of tightness, bleeding and bruising, and/or cold sore outbreak. Post treatment infection is a rare possibility.

What should I do after my treatment?

Do not touch your skin for the first hour after treatment as the skin is open and you will risk causing infection. Avoid active skincare products for 3-4 days after treatment. Use the skin products recommended by your treating therapist. Protecting your skin from UV exposure with sunscreen is particularly important. No excessive exercise, including swimming for 12-24 hours after treatment. You may wear makeup to cover any bruises or redness the day following treatment. Please contact the Skin Institute if you have any concerns following treatment.

If you have further questions, please feel free to contact the clinic on:

0800 SKIN DR (0800 754 637)

or Emergency After Clinic Hours:

Patient's Initials

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