



0800 SKIN DR (0800 754 637)



## Laser Genesis Treatment Information

### What is Laser Genesis and how does it work?

The Laser Genesis procedure utilizes non-invasive laser technology to safely, discretely and effectively treat, fine wrinkles, loss of collagen, diffuse redness, enlarged pores, uneven skin texture, and scars. You may see subtle yet consistent results after each treatment without unwanted side effects such as bruising or excessive skin irritation. Treatments can be performed in a relaxed comfortable manner without the use of topical anesthetic or gel.

By gently heating the upper dermis well below your skin's surface, Laser Genesis improves the appearance of wrinkles through collagen stimulation.

### Who should not have Laser Genesis

You should avoid treatment if you are pregnant or breast feeding, are tanned, have fake tan within two weeks, are on certain medications such as Tretinoin (Accutane), have infected or broken skin including cold sores, have melasma or can't avoid UV exposure on the area for four weeks after treatment.

### What are the side effects?

Although most patients report few, if any side effects, the most common is a slight redness that disappears within a few hours of treatments. Temporary swelling may occur, but will resolve, very rarely it may be severe.

### Does it hurt?

Patients often describe the treatment as relaxing and therapeutic. You will experience a gentle warming of your skin's surface during the procedure. You can immediately return to normal activities.

### How long does treatment take?

Appointments take 10 – 45 minutes depending on the size of the area treated.

### How many treatments will I need?

Treatment courses vary from 2-10 treatments, dependent on the concern we are treating. Laser Genesis encourages the skin's youthful glow and appearance and may smooth out uneven texture caused by aging, sun damage or scars for a more healthy complexion if minor imperfections are diminished.

### What should I do before treatment?

1. Please wear SPF30+ every day for a month before treatment and avoid UV exposure.
2. Please stop strong Vitamin A skincare two days before treatments.

### What should I do after treatment?

1. You may use cool gel to soothe hot skin immediately after.
2. You may apply make-up immediately to disguise redness.
3. It is very important to avoid UV exposure, protect skin with a hat, clothing and SPF 30+ for 4 weeks after treatment.
4. Please do not scratch or pick any healing areas.
5. Restart Vitamin A after any redness has settled.
6. Long term, wear Spf30+ daily use active strength skincare, and avoid UV exposure to help prolong your results.
7. Please contact Skin Institute if you have any burns, blisters or other concerns after treatment.

If you have further questions please feel free to contact the clinic on 0800 SKIN DR (0800 754 637)

o Emergency After Clinic Hours: \_\_\_\_\_