



0800 SKIN DR (0800 754 637)



Platelet Rich Plasma (PRP) Treatment

What is PRP?

PRP is Platelet Rich Plasma, which is part of your blood rich in platelets, which can help heal and repair the skin. It contains special proteins and growth factors to increase collagen production and promote connective tissue repair.

What does PRP do?

PRP is used for skin rejuvenation treatment where a small collection of your own blood is obtained, processed and then re-injected into the skin. It refreshes the skin, helps improve the skin texture and can give you a more vibrant appearance by increasing levels of collagen in the skin. It can also be used to encourage hair growth.

The results depend on your own platelet function and individual variations occur. Sometimes improvements at a microscopic level aren't visible – so we cannot guarantee your result. Most people should have 2-3 treatments about 4-6 weeks apart for optimal results. Results may be visible within 2-3 weeks and they continue to improve over months. We prefer to use anaesthetic cream to make treatment comfortable for you.

Who is suitable for PRP treatment?

PRP is ideal for people looking for a natural treatment. It can refresh tired skin and improve the texture and tone of your skin. It can help some types of hair thinning.

Who should not have PRP treatment?

You should not have treatment if you are pregnant or breastfeeding, smoke, have active skin disease at the site of treatment, have skin cancer, if you are on medications or who have disorders that can interact with platelet function such as blood thinners, NSAIDs, platelet dysfunction syndrome, thrombocytopenia, chronic infections, hypofibrinogenaemia or chronic liver disease.

Are there any possible side effects?

Because we use your own blood, there are minimal risks. Expect to have redness and swelling immediately after treatment, resolving over 2-3 days. You might get a headache, especially after PRP for hair loss, or experience mild pain where injections have been placed. Bruising is possible and may take 7-14 days to resolve. Bruising is not harmful, but can be embarrassing, and can be covered with makeup the day after treatment. In rare cases skin infection may occur, easily treated with an antibiotic.

What should I do after my treatment?

Avoid touching the area for 2 hours after treatment and avoid makeup, skin products, intense exercise, excess alcohol and saunas for the rest of the day. Swelling can be reduced by cool packs. After 24 hours you can use arnica or Hirudoid cream to help resolve any bruising. After PRP for hair loss, wait until the next day to wash your hair.

If you have further questions, please feel free to contact the clinic on:

0800 SKIN DR (0800 754 637)

or Emergency After Clinic Hours:

Patient's Initials

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