






Submental fullness scale

Clinician-Reported Submental Fullness Rating Scale (CR-SMFRS)

Scale	0	1	2	3	4
Submental convexity	Absent	Mild	Moderate	Severe	Extreme
Description	No localised SMF evident	Minimal localised SMF	Prominent, localised SMF	Marked, localised SMF	Extreme submental convexity
Representative photographs for each score					

- Adapted from McDiarmid et al. 2014.¹
SMF, submental fat.

1. McDiarmid J et al. Aesth Plast Surg 2014;38:849–60.