



SKIN INSTITUTE

Sclerotherapy Information Sheet

Sclerotherapy is a treatment for superficial veins of the legs. The veins are injected with an agent that irritates and shuts down the blood vessels. It is a safe and simple non-surgical procedure, which may require several treatments to obtain the desired results. In most cases normal activities may be resumed immediately after treatment.

Sclerotherapy is usually combined with the use of compression stockings. It is a very successful procedure, provided the valves in the deeper veins are functional. At your consultation the Registered Nurse / Doctor will determine if you require a scan ('Doppler') to assess these valves.

Immediately following treatment, the veins may become swollen and bruised. The area treated will have a raised appearance at the injection site and you may experience some temporary discomfort and/or an itchy sensation.

Possible Side Effects

- Bruising at the injection sites
- Transient pigmentation at the injection site, or along the treated vein. This will normally resolve over the next 3 - 6 months (in rare cases, sometimes up to 12 months)
- Development of new blood vessels around the treatment sites
- Inflammation along the treated vein, especially in the bigger veins
- Ulceration at the injection site (this is rare)
- Deep vein thrombosis (DVT, blood clot) in the deeper veins (this is rare)

Revised: January 2016