



SKIN INSTITUTE

Micropigmentation Information Sheet

Micropigmentation is a semi permanent technique where vegetable dye (pigment) is implanted into the skin to create eyebrows, eyeliner, beauty spots and lip liner.

Benefits

- No more pencil required
- It does not smudge or wash off
- Less make-up to apply, therefore saving time
- Sparse lashes look fuller and more luscious
- No need to pencil in sparse or thinning eyebrows
- Brows become even in shape and colour.

Who is best suited?

- Sports people who want to look good during exercise.
- People who wear glasses and can't see well to apply eyebrows and eyeliner.
- Anyone who wants to look good 24 hours a day.

The technique

A special machine and disposable needles are used to implant the line of colour into the skin. This is a delicate undertaking and is performed under the utmost sterile conditions.

Anaesthetic cream is used to reduce any discomfort. The right colours are used to illuminate the eyes and shape eyebrows. The result is a natural look.

It is necessary to re-treat the area 6 – 8 weeks after the original treatment because the colour fades between approximately 30 – 50% for most people. It then lasts from 2 – 5 years depending on skin type and the colour chosen.

Possible Side Effects

- Pain/discomfort
- Swelling, bruising, redness
- Skin flaking, crusting and in some cases crust/scab formation
- Cold sore outbreak.

Aftercare Instructions

- Swelling and redness is to be expected immediately after treatment, especially on the upper eyelid and lips. The length of time this takes to settle varies from person to person, but usually settles within 3 days.
- Flaking or peeling of the skin usually occurs during healing around day 3 and lasts about a week. A small number of people may experience crusting on the treated area. Do not pick or scratch the area.
- Do not touch the treated area with your hands immediately after treatment.
- Place wet cotton pads in the refrigerator for 15 minutes to cool, and then place over the treated area to help reduce swelling for 10 minutes at a time.
- Do not wear make-up on the treated areas until completely healed, including lipstick. Wipe the lipstick before application to remove any stale residue.
- Do not use Retin A or Glycolic acid (AHA) products, as these will remove pigment colour.
- Avoid sun exposure and use a sunscreen daily.
- Avoid swimming and spa pools for at least 5 days.
- Eyebrows: Apply Bepanthen cream twice daily for 4 days or longer if necessary.
- Eye lining: Apply Brolene ointment twice daily for 2 days.
- Lip lining: If you have a history of cold sores use Zovirax ointment immediately after treatment for around 4 days. This can be purchased from pharmacies. Otherwise use Bepanthen or an antiseptic cream as advised by the Practitioner, until healed. Healing can take up to 2 weeks.
- These creams are available over the counter at pharmacies.
- If you have any concerns or questions please contact the clinic for advice.