



# SKIN INSTITUTE

## **EYE LID SURGERY (Blepharoplasty) Information Sheet**

A **Blepharoplasty** (eyelid surgery) is an operation to enhance the appearance of the eyes and it may also improve peripheral vision.

It is performed to remove excess skin and / or fat from the upper and / or lower eyelids. Fat pads around the eyelids can prolapse forward and appear as noticeable bulges, accompanied by some loose skin and/or wrinkles.

An incision for the upper eyelids is made in the crease where the eyelid folds naturally. An incision for the lower eyelids is made along the eyelash line or inside the eyelid. The excess fat pad and/or skin are removed, and the incision is sutured closed.

Your eyes will be protected during the procedure. Eye shields may be used in conjunction with anaesthetic eye drops and/or lubricating eye gel.

*Reviewed: January 2016*